
Trout Hotel Resident Menu.



Served Monday to Friday from 7 AM – 10 AM

Served Saturday and Sunday 8 AM – 10 AM

COOKED

Hot Breakfast – Made to Order
The Cumbrian Breakfast

A full hearty breakfast served with
your choice of **toasted sourdough**
or **English muffin**

- Grilled smoked bacon (GF)
- Cumberland sausage (vegetarian
option available)
- Black pudding
- Grilled field mushrooms (VG)
- Grilled tomatoes (VG)
- Baked beans (VG)
- Free-range eggs – poached, fried
or scrambled (V)
- Hash brown (VG, GF)

SIGNATURE EGGS

Each dish is served on your choice of
toasted sourdough or **English
muffin**.

- Eggs Benedict
Poached eggs, smoked bacon,
hollandaise sauce
- Eggs Royale
Poached eggs, smoked salmon,
hollandaise sauce
- Eggs Florentine (V)
Poached eggs, wilted spinach,
hollandaise sauce
- Avocado & Eggs (V)
Poached eggs, smashed avocado,
sundried tomato pesto, chilli flakes

WAFFLES

Golden, fluffy waffles served warm,
topped with a medley of fresh
seasonal berries and a dusting of
powdered sugar

Special Requests? Just Ask!

Craving something a little different? Let us know! Chef will be happy to accommodate dietary needs, substitutions, or special requests whenever possible.



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