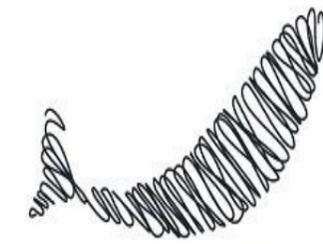


The Trout Hotel



SMALL PLATES

Soup of the day, malty seeded bread V	5.25
Seafood cocktail, Marie rose, brown bread	9.00
Smoked salmon, capers, onions, soda bread	8.95
Roasted beets, soft egg, mustard dressing	7.00
Haggis Scotch egg, whisky & mustard mayonnaise	7.50
Stuffed mushrooms, cheese, spinach and garlic V	7.50
Spring onion & chive soufflé	8.95
Mussels cooked in ale, crusty bread	8.95

SHARING

Mixed olives V	4.50
Bread board, chilli butter, pesto, olive oil, balsamic vinegar	6.95
Cauliflower fritters, curry mayonnaise V	5.95
Salt & pepper squid, sweet chilli sauce	6.50
Flash fried prawns, chilli, lemon, parsley	6.95
Breaded brie, cranberry dip V	5.50
Haddock goujons, tartare sauce	5.95
Sauteed chorizo, red wine	6.95

SIDES

Steamed greens V	3.95
Hand cut chips V	4.00
Skinny chips V	4.00
New potatoes V	4.00
Garlic bread V	3.95
Garlic bread glazed with Mozzarella	4.75
Onion rings V	4.00

Garden service please make a note of your table number and place your order with our host in the hotel lobby. Pre-payment will be required at time of ordering.

FISH

Jennings beer battered fish & hand cut chips, mushy peas, tartare sauce	15.95
Scampi, chips, garden peas, tartare sauce	14.95
Scottish salmon, samphire, shrimp butter, griddled potatoes	16.50
Halibut, Hand cut chips, crushed peas, tartare sauce	24.95
Trout fishcakes, parsley sauce, spinach, skinny fries	14.95

MEAT & POULTRY

Confit duck leg, mustard mash, cabbage	16.95
Steamed beef pudding, beef jus, creamy mash, seasonal vegetables	15.95
Lasagne, garlic bread, dressed salad	12.95
Lambs liver, bacon, champ potatoes, onion gravy, seasonal vegetables	13.95
Chicken & mushroom pie, filo crust, new potatoes, seasonal vegetables	13.95

BURGERS

Wagyu burger, cheese, slaw, hand cut chips	15.95
Chicken burger, mayonnaise, lettuce, tomato, hand cut chips	14.95
Halloumi Burger, mushrooms, onions, sweet chilli sauce, hand cut chips	12.95

FROM THE GRILL

Cumberland sausage, creamy potatoes, kale, onion gravy	14.95
Sirloin steak, confit tomato, mushroom, watercress, hand cut chips, peppercorn sauce	15.95/23.95 150g/300g
Fillet steak, confit tomato, mushroom, watercress, hand cut chips, peppercorn sauce	25.95/32.95 150g/300g

LIGHTER BITES

Fisherman's salad	9.95/16.95
Plain Omelette, salad, skinny fries V	9.95
Spanish omelette, salad, skinny fries V	12.95

DESSERTS

Sticky toffee pudding, butterscotch sauce, date puree, vanilla ice cream V	7.95
Vanilla & cinnamon poached pear with rosemary ice cream V	6.95
Fig bakewell tart, cinnamon mascarpone cheese V	6.95
New York baked cheesecake, vanilla, passion fruit & mango sorbet V	7.95
Apple & blackberry crumble, custard V	6.95
Double chocolate pudding, lightly whipped cream	8.00

ICE CREAM

Kirsch ice cream, chocolate sponge, cherry gel, Chantilly cream & chocolate sauce sundae	8.50
Honeycomb ice cream, butterscotch sauce, chocolate brownie, toffee popcorn, Chantilly cream sundae V	8.50
Ice cream, kirsch, honeycomb, vanilla, chocolate, strawberry V	3 scoops £4.95 or £1.75 per scoop

CHEESE

Blencathra, Brie, Smoked Wensleydale,	9.95
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MINI DESSERTS & COFFEE

Choose either	5.95
salted caramel chocolate brownie	
panna cotta, with fruit compote	
coffee & walnut cake	
carrot cake	

MINI DESSERTS & SALTED CARAMEL VODKA

Choose either	6.95
salted caramel chocolate brownie	
panna cotta, with fruit compote	
coffee & walnut cake	
carrot cake	

V - Vegetarian

Gluten Free, Lactose intolerant & Vegan menu available