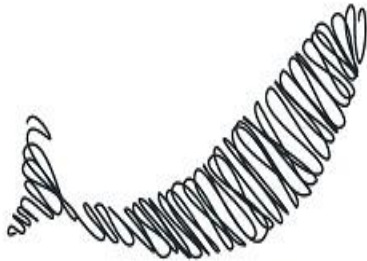


The Trout Hotel



SMALL PLATES	
Soup of the day, malty seeded bread V	4.95
Seafood cocktail, Marie rose, brown bread	9.00
Gin cured salmon, cucumber & lime	8.95
Spring onion & chive soufflé V	8.95
Haggis Scotch egg, whisky & mustard mayonnaise	7.50
Pork pie, piccalilli	7.00
Potted shrimp, toasted fingers	7.95
Mussels cooked in ale, crusty bread	8.95
SHARING	
Parmesan & rocket salad	4.95
Bread board, chilli butter, pesto, olive oil, balsamic vinegar	6.95
Cauliflower fritters, curry mayonnaise V	5.95
Pork scratching's, apple sauce	3.95
Salt & pepper squid, strawberry chutney	6.50
Flash fried prawns, chilli, lemon, parsley	6.95
Breaded brie, cranberry dip V	5.50
Mixed olives V	4.50
SIDES	
Steamed greens V	3.95
Hand cut chips V	3.95
Skinny chips V	3.95
New potatoes V	3.95
Garlic bread V	3.95
Onion rings V	3.95

Garden service please make a note of your table number and place your order with our host in the hotel lobby. Pre-payment will be required at time of order.

V – Vegetarian
Gluten Free, Lactose intolerant & Vegan menu available

FISH	
Jennings beer battered fish & hand cut chips, mushy peas, tartare sauce	15.95
Scampi, chips, garden peas, tartare sauce	14.95
Scottish salmon, braised lettuce, potatoes, samphire	16.50
Trout fishcakes, parsley sauce, spinach, skinny fries	14.95
MEAT & POULTRY	
Chicken & mushroom pie, filo crust, new potatoes, seasonal vegetables	13.95
Steamed beef pudding, beef jus, creamy mash, seasonal vegetables	15.95
Lasagne, garlic bread, dressed salad	12.95
BURGERS	
Wagu burger, cheese, slaw, hand cut chips	15.95
Chicken Burger, mayonnaise, lettuce, tomato, hand cut chips	14.95
Halloumi Burger, mushrooms, onions, sweet chilli sauce, hand cut chips	12.95
FROM THE GRILL	
Cumberland sausage, creamy potatoes, kale, onion gravy	14.95
Sirloin steak, confit tomato, mushroom, watercress, hand cut chips, peppercorn sauce	15.95/23.95 150g/300g
Fillet steak, confit tomato, mushroom, watercress, hand cut chips, peppercorn sauce	25.95/32.95 150g/300g
SALADS	
Ploughman's V	8.95/14.95
Fisherman's salad	9.95/16.95
Chicory, pear, walnut & blue cheese salad V	9.00/14.00
Mediterranean vegetable pasta V	12.95
Quiche of the day, dressed salad, hand cut chips	9.95

DESSERTS	
Sticky toffee pudding, butterscotch sauce, date puree, vanilla ice cream V	7.95
Earl Grey Cambridge burnt cream, shortbread V	6.95
Summer pudding, clotted cream V	7.00
Peach & cardamom Bakewell tart, cardamom mascarpone cheese V	6.95
Sherry Trifle V	7.95
Double chocolate pudding, lightly whipped cream V	8.00
ICE CREAM	
Aperol ice cream, prosecco gel, lemon meringue, orange cream sundae	7.50
Honeycomb ice cream, butterscotch sauce, chocolate brownie, toffee popcorn, Chantilly cream sundae V	7.50
Ice cream, aperol, honeycomb, vanilla, chocolate, strawberry V	3 scoops £4.95 or £1.75 per scoop
CHEESE	
Blencathra, Brie, Smoked Wensleydale,	9.95
Black Sticks Blue, Brie, Smoked Wensleydale, Blencathra, Goats Cheese	14.95
MINI DESSERTS & COFFEE	
Choose either salted caramel brownie panna cotta, with fruit compote macaron carrot cake	5.95
MINI DESSERTS & SALTED CARAMEL VODKA	
Choose either salted caramel brownie panna cotta, with fruit compote macaron carrot cake	6.95

ALLERGENS: If you have concerns relating to the allergens details, please speak to your restaurant manager prior to ordering. Cereals containing gluten, eggs, fish, peanuts, soya beans, milk, nuts, celery, sesame, sulphates, lupin, molluscs, crustaceans, and mustard. 100% of the tips you leave are distributed amongst the team according to their wishes.